

Summer Independent Learning for Y12-Y13 Students

Your SIL for Public Services has 3 parts, part 1 is linked to employability, part 2 is a case study and part 3, this is **strongly recommended additional content** which will support you in gaining more subject knowledge and links to a year 13 unit 31 Exercise, Health and Lifestyle.

Part 1: Employment

Year 13 is about preparing for life beyond college, you should now be thinking of and planning for your future, think about what options you have available to you for your future. The image below shows some options that are available to you once you have completed year 13. There are also some useful links to recruitment for Public Services.



Useful Links:

Policing Apprenticeship

https://www.googleadservices.com/pagead/aclk?sa=L&ai=DChcSEwi0v7eplp_pAhXT9lEKHWzQBHcYABAAGgJ3cw&ohost=www.google.com&cid=CAESQOD 2ezwi7gbMU3rbht5TMlzE9XvZv6F3i_uQBtBBPF4vknEgdvtGeQrCDqZXGNTzXpUXESLc4Xojwvd0CmvZBcg&sig=AOD64_36FBJOB0sHAZHVg_RRj433rxSpZA&q= &ved=2ahUKEwi2rK6plp_pAhUFz4UKHbHyDKcQ0Qx6BAgOEAE&adurl=

Border Force Apprenticeship

https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=3&cad=rja&uact=8&ved=2ahUKEwii8ZDRlp_pAhVIx4UKHSBAA9YQFjACegQIDxAF&url=https%3A%2F%2Fcareermap.co.uk%2Fborder-force-apprenticeships-need-know%2F&usg=AOvVaw3Sr97EBzCMI8lqkAXde4pX

Joining the Royal Air Force

https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&cad=rja&uact=8&ved=2ahUKEwikhraFl5_pAhUHzhoKHX6TBnUQFjAAegQIAxAB&url=https%3A%2F%2Fwww.raf.mod.uk%2Frecruitment%2Fhow-to-apply%2Feligibility-check&usg=AOvVaw2ugQltNM1Mat5GLuSEZXId

Joining the Army

https://www.army.mod.uk/

*****WEBINAR *****

Army Officer Insight Careers

WHEN: Join the Army Officer Recruitment Team for an interactive online presentation and Q&A

- 14 July 2021 at 7pm -Army Officer Insight Webinar
- 21 July 2021 at 7pm Professionally Qualified Officer Webinar
- 28 Jul 2021 at 7pm Army Officer Insight Webinar (Reserves)

WHAT: A live presentation and Q&A session with Lead Recruiters from the Army Officer Team. The presentation will cover Army officer careers, the application and selection process, professional development, undergraduate bursaries and more.

WHO: Aimed at those who advise students and potential candidates are interested in finding out more about the Army and the opportunities available

HOW: You must register an interest on this link to gain access onto the webinar:

https://forms.office.com/Pages/ResponsePage.aspx?id=7WB3vlNZS0iuldChbfoJ5ear2AlnyzhPomroYlheKPdUQjUzTFFRVUc2R0laREE2QkVNV0xMOEo1UC4u

We hope you will join us for the presentation and look forward to answering your questions.

Joining the Royal Navy

https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&cad=rja&uact=8&ved=2ahUKEwiQ68e0l5_pAhWhxYUKHflHDVgQFjAAegQIAhAB&url=https%3A%2F%2Fwww.royalnavy.mod.uk%2Fcareers%2Fjoining&usg=AOvVaw308YEk3kYPZm-Fx5k_ytLg

Joining the MOD Police

https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=2&cad=rja&uact=8&ved=2ahUKEwif2Lbol5_pAhVQyYUKHWBsC1QQFjABegQIBBAB &url=http%3A%2F%2Fmod.police.uk%2Frecruitment%2Findex.html&usg=AOvVaw144vWD42dYLDW0k2LQJ5QS

Highways England

https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&cad=rja&uact=8&ved=2ahUKEwiBwPMmJ pAhURYxoKHfTkDv4QFjAAegQIBBAB&url=https%3A%2F%2Fcareers.highwaysengland.co.uk%2F&usg=AOvVaw2h6iewgbBy4 SzgbNnJfuB

What will I need to do for SIL?

Progression into year 13 is not automatic and completing this Summer Independent Learning Activity work is a vital part of that process, this year's SIL will come in three parts, part one is a research and presentation task firstly you must complete the tables below, then you must film yourself presenting your table. You must choose one Military service (Army, Royal Navy, Royal Airforce) & one Emergency service (Police, Fire& Rescue, Ambulance, Coast Guard or Royal National Lifeboat Institute) & part three is a role play case study using elements form part 1.

Completing the tables,

You will need to research real life events and or incidents where members of your chosen public service have had to use the employability skills that are listed in the table to do their job. As this is a research task you will be using external sources, you must provide a list of references using the Harvard system, this will benefit you in year 13 and will support your research and study skills

Presentation

Once you have found evidence on all the listed employability skills you must use this as a guide for your presentation. Your presentations may be used for taster and induction days so make sure that you know what you are talking about. You must practice your presentation, film it and then watch it, this will allow you to then make changes. The link below gives you a few tips for your presentations. https://youtu.be/MnIPpUiTcRc

Part 2: Crime case study

Case Study

For this 2nd part of SIL, you are taking on the role as a police officer investing a firearms offence. You must look carefully at the 'real life 'case study from The National Ballistics Intelligence Service and then pass the information back to the family involved identifying what skills would be needed to do so from part 1.

Where and when do I need to submit my work?

Completion of Progression Assignment: The deadline for your Progression Assignment is: Wednesday 24th June at

3.15 pm

Where to Submit your work: You must submit your work by the above time and date on the Progression Assignments link on Teams there are 2 links for this one is for the written work, this workbook and the other is for your presentation video, you MUST submit both.

How Do I submit? Your work is submitted through the SIL assignment link on teams, you can find it in the activities notification on teams, click on the notification then open assignment. This must be submitted before your first year 13 day of college.

Your work will be sent through a piece of software called URkUND, this will check for plagiarism, after your work is marked I will tell you how you can find this score

Part 1

Military Service

Employability Cl:	Evample of how this skill can be used by	Evaluation of why the Skill is important	Whore do you rate the
Employability Skill	Example of how this skill can be used by your chosen service. (Case study)	Explanation of why the Skill is important	Where do you rate the importance of this skill within your chosen service 1 = Low Importance
			10 = High Importance
1. Organisation			
skills			
2. Creativity and flexible thinking			
3. Leadership			

4. Decision-making ability		
5. Teamworking skills		
6. The ability to work alone		
7. Good communication skills, both written and oral		
8 Enthusiasm		
9. Confidence		

10. Time management skills and the ability to work to tight deadlines		
11 .The ability to organise and prioritise your workload		
12. Interpersonal skills		
13. Compassion		

	Emergency Service					
My chosen emergency service is:						
Eployability Skill	Example of how this skill can be used by your chosen service.	Explanation of why the Skill is important	Where do you rate the importance of this skill within your chosen service 1 = Low Importance 10 = High Importance			
1. Organisation skills						
2. Creativity and flexible thinking						
3. Leadership						

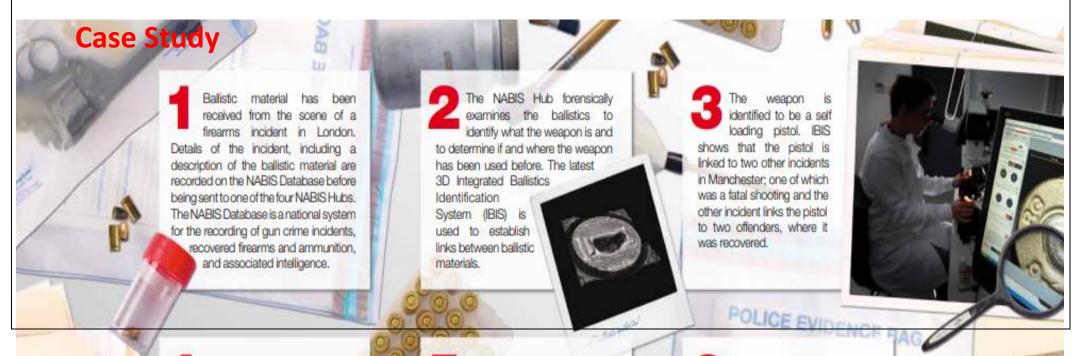
4. Decision-making ability		
5. Teamworking skills		
6. The ability to work alone		
7. Good communication skills, both written and oral		
8 Enthusiasm		
9. Confidence		

		,
10. Time management skills and the ability to work to tight deadlines		
11 .The ability to organise and prioritise your workload		
12. Interpersonal skills		
13. Compassion		

Part 1 Presentation: You must now use this information to make your video presentation.

References:

Part 2: On Seven Sisters Road, Tottenham, at around 02:30hrs on Saturday, 1 June 2019 a 21-year-old white male was gunned down, Police and Paramedics on the scene where able to stabilise the man and he was rushed to hospital. The following police investigation found that there were no eye witnesses but there was a fire arm recovered at the scene. This was sent to the National Ballistics Investigation service for analysis.



Case Study:	
	olice Force and one of the investigating officers of the crime above, you must read all the information from the
	nce Service above the firearm that was recovered. This information must be relayed back to the family of the
victim who was shot during	g the firearms incident.
lica tha chaca balaw ta nim	anoint the information that can be passed on to the family you must also identify which of the skills from the first
	npoint the information that can be passed on to the family, you must also identify which of the skills from the first
part of this task would be t	used to relate the information to family members of the victim.

Part 3 Unit 31 Exer	cise health and lifestyle				
T 1 1 T 10 . 1					
Task 1 – Lifestyle c	<u>uestionnaires</u>				
In this task, you wil	l be required to research and fi	ind three examples of d	ifferent lifestyle ques	tionnaires.	
Please print out and	attach the 3 examples of Lifes	style /PARQ forms to the	ie workbook.		
Task 2 – Create you	ır own				
Tusk 2 Create you	TOWN				

Using the examples you have collected and your own knowledge on lifestyle and the factors associated with it. You will now create your own lifestyle questionnaire.

Lifestyle/PARQ form must include

- · Please make sure the form stays anonymous for client confidentiality
- · Age, weight, height, sex,
- \cdot A question relating to each of the 6-lifestyle factors must be included in the questionnaire (stress, smoking, diet, personal hygiene, Physical activity, and drugs/medication). 6 questions
- · Questions relating to physical, mental and social wellbeing (marital status, health conditions, usual work hours, mental health)
- 6 questions
- · Questions about the clients lifestyle (hobbies and interests, self confidence) 4 Questions

Task three – Data collection

Print out and give your questionnaire to a friend or family member.

Task 3

Once it has been filled out, you will need to create an evaluation of the answers in a written report. Each of the answers you have collected on the questionnaire need to be included in the written report please look at positives and negatives of your clients answers and make judgments on why this needs improving.

· Academic report – (Header Footer, Name, Student number, Intro paragraph, page numbers)

- · Minimum 14 paragraphs
- · Highlight positives and negatives of your clients answers to the questionnaire
- · Please refer to the client as client 1 in your work and not by name.

Task 4

In a paragraph at the end please give your client five ways you believe they could improve their lifestyle. Please set out the end paragraph in a script format and you will video record yourself feeding back to your client these five key points.

E.g.

Good morning my name is, in this consultation I will be asking questions regarding your PAR Q form and also to provide advice on how you can improve certain aspects. After analyzing the answers, you have given for the PARQ lifestyle questionnaire. I have five recommendations on how you could improve your overall lifestyle. The first recommendation is ... I chose to highlight this because you consume on average 25 Units of alcohol per week, this is above the RDA of 14 units per week according to NHS guidelines and can lead to number of different health concerns such as weight gain, poor skin condition, increased chance of CPD.