

Psychology A Level (Yr 13) – Summer Independent Learning 2021

Your SIL includes two sections – Compulsory content on Psychopathology and recommended additional content




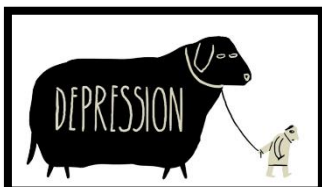

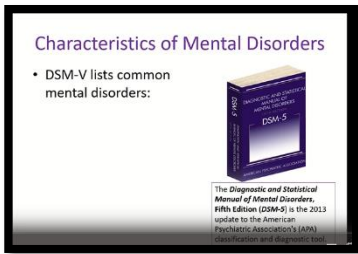
Psychopathology will be the first topic taught in the Year 13 course. You should have a Psychopathology booklet & you will be covering the sections on Characteristics and Definitions of Abnormality (pg 2-15)

Please complete the tasks in the order they are presented. If you are able to print this document, then please do so and **tick the checklist** as you complete each task. If you are unable to print this document, then download it / read and use it as a guide.



You will be expected to produce all of this work as evidence of completion to your teacher upon your return to college in September

Tick when each "mini" task is complete

Task Number & Title	Description of Task	(✓/✗) Task Complete
<p>Preview work for PSYCHOPATHOLOGY</p>	<p>Watch the three introductory videos to OCD, depression and Phobias as these disorders are referred to throughout the topic by clicking on the images for the links:</p>    	
<p>CHARACTERISTICS OF DISORDERS</p>	<p>Lesson 1 – Characteristics of Disorders</p> <p>Access the video lesson by clicking on the image for the link and complete all activities and exam Q's:</p>  	

DEFINITIONS OF ABNORMALITY

Lesson 2- Deviation from Social Norms

Watch the video clip on Adult babies first and then access the video lesson by clicking on the images and complete all activities and exam Q's:



1. Deviation from Social Norms

Behaviour is abnormal if it goes against (deviates) from what society would consider the norm.

Lesson 3 – Failure to Function Adequately

Watch the video clip on Cat Man first and then access the video lesson by clicking on the images link and complete all activities and exam Q's



Failure to Function Adequately

DEFINITION:
Behaviour is abnormal if it prevents a person from leading a normal, everyday life and coping with everyday activities.

Stress and discomfort is created from:

- Unable to **MANAGE** everyday things
- Cannot **COPE** with the demands of everyday life (work / college, shopping)

DEFINITIONS OF ABNORMALITY

Lesson 4 – Deviation from Ideal Mental Health

Access the video lesson by clicking on the image link and complete all activities and exam Q's



3. Deviation from Ideal Mental Health

DEFINITION:
Behaviour is abnormal if it lacks the signs of what people consider to be ideal mental health. It is the absence of particular (ideal) characteristics.

This definition is very much based on the Humanistic Approach

Lesson 5 – Statistical Infrequency

Access the video lesson by clicking on the image link and complete all activities and exam Q's



4. Statistical Infrequency

DEFINITION:
Behaviour is abnormal if it is considered (statistically) rare / uncommon in the general population, or it is not seen very often in society

It is rare / uncommon to have a phobia of buttons – that makes it abnormal!

ADDITIONAL CONTENT

It is recommended that you complete one of the free online courses related to psychopathology. You will not be tested on this material but it will support you in gaining more knowledge of psychopathology.

<https://www.futurelearn.com/courses/anxiety-depression-and-cbt>

<https://www.futurelearn.com/courses/exploring-mental-health>

<https://www.futurelearn.com/courses/faces-of-dementia>

<https://www.futurelearn.com/courses/integrating-mental-and-physical-health-depression-and-anxiety>

LINKS USED IN THE VIDEOS

If for any reason you have an issue accessing any of the video content, here is a handy list of all the links used through this SIL.

<https://www.youtube.com/watch?v=PCOG2G797ek> (Phobias)

<https://www.youtube.com/watch?v=-1w9zCNhVBo> (OCD)

<https://www.youtube.com/watch?v=z-IR48Mb3W0> (depression)

<https://web.microsoftstream.com/video/f2231264-c1cd-4030-a54c-b4e59a3a172c?list=studio> (Characteristics of Disorders)

<https://www.youtube.com/watch?v=qtUm1Pok4FQ> (Adult babies)

<https://web.microsoftstream.com/video/fbc472a7-e1e4-44a0-be73-fd3dcb51c209> (Deviation from Social norms)

<https://www.youtube.com/watch?v=AKRr94ssnQo> (Cat man)

<https://web.microsoftstream.com/video/c7abb28b-f372-47fc-9b8a-aeb11035e626> (Failure to Function Adequately)

<https://web.microsoftstream.com/video/ebcf78f2-14ac-4c2c-ac1a-c2a32a04cd55?list=studio> (Deviation from Ideal Mental Health)

<https://web.microsoftstream.com/video/3c3e3a8c-abc6-43a0-9d04-9bc3a5e96b28> (Statistical Infrequency)

CONTACT DETAILS

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