

## SUMMER INDEPENDENT LEARNING

<b>Subject/Group</b>	<b>BTEC Extended Certificate in Health and Social Care (Y12-Y13)</b>
<b>Topic</b>	<b>Working in Health and Social Care</b>
<b>Timescale</b>	<b>3 HOURS</b>
<b>To be completed by</b>	<b>This work must be completed and handed in to your subject teacher on the first day of term.</b>

### Background/Context

*This unit will help you to understand what it is like to work in the health and social care sector. When working for an organisation in this sector, you will have important responsibilities that you need to understand and carry out. These include maintaining the safety of and safeguarding individuals with health and social care needs, making sure that you properly handle their personal information and preventing discrimination towards them. You will need to understand how you will be accountable both to these individuals and the regulatory bodies that represent people who work in the health and social care sector.*

C1 – People with mental health issues

**TASK 1 – Complete the following table:**

<b>What are the different types of mental health problems?</b>	<b>What can cause mental health issues?</b>

**TASK 2 – Research Task:**

- Identify THREE settings that provide services to people with mental health issues.
- For each setting identify the service they provide and the professionals who work there (paid and unpaid)

**TASK 3:** Produce an A3 spider diagram identifying and explain the different techniques people can use to maintain good mental health.

## C1 – Caring for people with learning disabilities

Care for people with learning disabilities is very specialised. People with profound disabilities need to be cared for by highly trained staff.

**TASK 4** – Complete the table below:

Which professionals are involved in supporting people with learning disabilities?	What kind of settings provide services for people with disabilities? Name them.

**TASK 5:** Using the links below find out about learning disabilities. As part of your research gather the following information:

- The number of people in the UK affected by learning disabilities.
- Examples of learning disabilities
- The challenges/difficulties facing people with learning disabilities in accessing health and social care services.
- The support available in health and social care for people with learning disabilities.

[Learning difficulties | Mencap](#)

[Learning disabilities - NHS \(www.nhs.uk\)](http://www.nhs.uk)

[Learning disabilities: applying All Our Health - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

## C1 – Caring for people with physical and sensory disabilities

*Physical and sensory disabilities include a range of impairments. The type of disability the person has will determine the type of care they need and the amount of support given or wanted.*

**TASK 6:** Using the case studies below identify and explain the following:

1. Identify the type of disability
2. The impact of this disability on the person and family
3. The specific care needs of this person including adaptations, etc.
4. The professionals which need to be involved in each case.
5. The settings/organisations that provide support and care.

Melanie is 16 years old. She lives with her parents and her sister. Melanie was born with a hearing impairment and she uses two hearing aids.

Melanie's hearing impairment was only diagnosed when she was five years old. She has a noticeable specific language impairment and finds it difficult to communicate with strangers.

Melanie attends the local comprehensive school. Sometimes she finds it hard to understand her teachers and other students. Melanie feels very isolated and she is becoming anxious about her future.

Laidan is 67 years old. He has a hearing impairment that has got worse over the last 10 years.

Laidan recently fell and broke his hip and he was admitted to hospital for a hip replacement. He is recovering well in hospital.

A physiotherapist is seeing Laidan each day on the ward to make sure he can mobilise himself following his hip replacement.

Laidan lives on his own and has only recently retired.

## Learning Resources

BTEC Pearson's have produced a several learning resources which will be useful for you. They have textbooks, revision guides and study guides designed to help you complete the course and do well in the relevant exams. The resources include:



### **BTEC National Health and Social Care Student Book 1**

Publisher: Pearson ISBN: 9781292126012

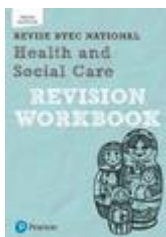
Author: Marilyn Billingham, Pamela Davenport, Hilary Talman, Nicola Matthews, Beryl Stretch, Elizabeth Haworth



### **BTEC National Health and Social Care Student Book 2**

Publisher: Pearson ISBN: 9781292126029

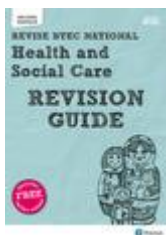
Author: Carolyn Aldworth, Nicola Matthews, Sue Hocking, Pete Lawrence, Marjorie Snaith, Mary Whitehouse, Elizabeth Haworth



### **Revise BTEC National Health and Social Care Revision Workbook**

Publisher: Pearson ISBN: 9781292299082

Author: Georgina Shaw, James O'Leary, Elizabeth Haworth, Brenda Baker



### **BTEC National Health and Social Care Revision Guide**

Publisher: Pearson ISBN: 9781292230443

Author: Brenda Baker, James O'Leary, Marie Whitehouse, Georgina Shaw