

Summer Independent Learning – Y12-13 UPS Certificate

Subject/Group	BTEC Extended Certificate in Uniformed Protective Services
Unit	Unit 11 (Coursework unit) Expedition Skills
Timescale	Summer 2025
To be completed by	SIL needs to be completed and submitted via the teams portal by your first lesson back at college.

This unit gives you the opportunity to develop the skills needed to plan, participate in and reflect on expeditions.

You will investigate past expeditions, learning the history behind the most acclaimed and successful individuals and teams. You will also study lesser-known expeditions which have changed the way modern expeditions are planned and undertaken. You will learn the skills needed to plan and undertake an expedition and will be given the opportunity to demonstrate these skills during your own expedition.

Historical Expeditions

You need to create a Microsoft Sway on the 4 Historical Expeditions below:

1. Sir Ernest Henry Shackleton - Polar exploration
2. Edmund Hillary - Everest
3. Roald Amundsen – The Northwest Passage
4. Amelia Earhart - flying over the Atlantic

Your Sway must include the following information on each explorer:

- Who are they?
- When and where did they explore?
- What happened on their expedition?
- Were they successful? What did they achieve?
- Strengths of the exploration (Distinction prep)
- Development points of the exploration (Distinction prep)
- Has anyone replicated? If so, how has equipment and technology advanced? (Distinction prep)

Include relevant news articles and reference website used.

Course Expedition

You will be completing a day expedition on Thursday 23rd October.

You should start looking at and thinking about the kit list below.

Equipment provided by college	Individual equipment	Suggested food
<ul style="list-style-type: none">• Maps• Compass	<ul style="list-style-type: none">• Route Card• Day sack• Clothing suitable for the hike• Thick socks• Walking boots / walking trainers• Waterproof coat / jacket• Jumper if cool• Hat and gloves (weather dependent)• Torch and batteries• First aid kit – e.g. plasters	<ul style="list-style-type: none">• Sandwiches• Wraps• Cereal bars• Chocolate• Sweets• Fruit• Can of pop / Lucozade• WATER

