

## **Summer Independent Learning – Y12-13 UPS Certificate**

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| <b>Subject/Group</b>      | BTEC Extended Certificate in Uniformed Protective Services                                         |
| <b>Unit</b>               | Unit 11 (Coursework unit)<br>Expedition Skills                                                     |
| <b>Timescale</b>          | Summer 2026                                                                                        |
| <b>To be completed by</b> | SIL needs to be completed and submitted via the teams portal by your first lesson back at college. |

### **Unit 11**

**This unit gives you the opportunity to develop the skills needed to plan, participate in and reflect on expeditions.**

**You will investigate past expeditions, learning the history behind the most acclaimed and successful individuals and teams. You will also study lesser-known expeditions which have changed the way modern expeditions are planned and undertaken. You will learn the skills needed to plan and undertake an expedition and will be given the opportunity to demonstrate these skills during your own expedition.**

### **Historical Expeditions**

**You need to create a PowerPoint presentation on the 4 Historical Expeditions below:**

- 1. Sir Ernest Henry Shackleton - Polar exploration**
- 2. Edmund Hillary - Everest**
- 3. Roald Amundsen – The Northwest Passage**
- 4. Amelia Earhart - flying over the Atlantic**

**You must include the following information on each explorer:**

- Who are they?**
- When and where did they explore?**
- What happened on their expedition?**

- Were they successful? What did they achieve?
- Strengths of the exploration (Distinction prep)
- Development points of the exploration (Distinction prep)
- Has anyone replicated? If so, how has equipment and technology advanced? (Distinction prep)

Include relevant news articles and reference website used.

### Course Expedition

You will be completing a day expedition in October 2026.

You should start looking at and thinking about the kit list below.

| <u>Equipment provided by college</u>                                                      | <u>Individual equipment</u>                                                                                                                                                                                                                                                                                    | <u>Suggested food</u>                                                                                                                                                                                                                                                    |
|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• <u>Maps</u></li> <li>• <u>Compass</u></li> </ul> | <ul style="list-style-type: none"> <li>• <u>Route Card</u></li> <li>• <u>Day sack</u></li> <li>• <u>Clothing suitable for the hike</u></li> <li>• <u>Thick socks</u></li> <li>• <u>Walking boots / walking trainers</u></li> <li>• <u>Waterproof coat / jacket</u></li> <li>• <u>Jumper if cool</u></li> </ul> | <ul style="list-style-type: none"> <li>• <u>Sandwiches</u></li> <li>• <u>Wraps</u></li> <li>• <u>Cereal bars</u></li> <li>• <u>Chocolate</u></li> <li>• <u>Sweets</u></li> <li>• <u>Fruit</u></li> <li>• <u>Can of pop / Lucozade</u></li> <li>• <u>WATER</u></li> </ul> |

|  |                                                                                                                                                                                            |  |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|  | <ul style="list-style-type: none"><li>• <u>Hat and gloves</u><br/><u>(weather dependent)</u></li><li>• <u>Torch and batteries</u></li><li>• <u>First aid kit – e.g. plasters</u></li></ul> |  |
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## **Work experience – Y12-13 UPS Certificate**

Week commencing 22/6/26 some students attended work experience to gain an understanding of working life in various organisations.

If you ATTENDED work experience then you need to write a 500-word reflection essay on your experience. Include the following:

- Where did you go?
- What activities did you participate in or observe?
- How did people within the organisation work as a team?
- How did people within the organisation communicate effectively?
- Was there a clear leadership? How did you know who the 'leader' was?

If you DID NOT attend work experience you need to write a 500-word essay on the importance of work experience in preparation for the Uniformed Protective Services. You must include appropriate references within your work and a Harvard Reference list at the end.

